



TWO DAY MBTI LEADERSHIP Training Content

Exclusively Designed to Train Managers
and Leaders on **Myers-Briggs Type Indicator**



DESIGNED & DEVELOPED FOR

- Freelance Trainers & Facilitators
- **Leadership Trainers**
- **Organizational Development Coaches**
- HR & L&D Professionals
- Communication Skills Trainers
- New and Aspiring Trainers

80+ SLIDES

WITH TRAINER'S NOTES FOR EACH SLIDE

Let's Look inside the Kit





This Pre-Designed Content holds 6 Folders



**And Each Folder holds
specific Files**



CONTENT DETAILS -

1. Program Outline and Agenda

2 Day Detailed Program Outline of 8 Modules

2. Program PPT - Day 1

Day 1 with 40+ Slides

3. Program PPT - Day 2

Day 2 with 40+ Slides

4. Trainer's Guides for Each Module

8 Specific Trainer's guides covering each session

5. Trainer's Notes for Each Slide

8 Specific files covering each slide of every module

6. Case Studies in Storytelling Format

5 Storytelling activities with Trainer's notes

Let's Look at some Screenshots



Of the Content



Designed with Creativity and Elegance

Leadership Implications of Temperaments

 Guardians (SJ) Strengths: Reliable, structured, process-driven Blind Spot: Resist change, risk rigidity Leadership Value: Build trust through consistency	 Artisans (SP) Strengths: Energetic, adaptable, thrive in crises Blind Spot: Weak at planning and follow-through Leadership Value: Inspire action and agility
 Idealists (NF) Strengths: Empathetic, motivational, values-driven Blind Spot: Avoid conflict, overly idealistic Leadership Value: Boost morale, foster growth and trust	 Rationals (NT) Strengths: Strategic, analytical, visionary Blind Spot: Can appear detached, overly critical Leadership Value: Provide clarity and long-term vision

Activity: “The Island Survival Challenge”

S = Details & resources

N = Possibilities & big picture

T = Logic & structure

F = People & harmony

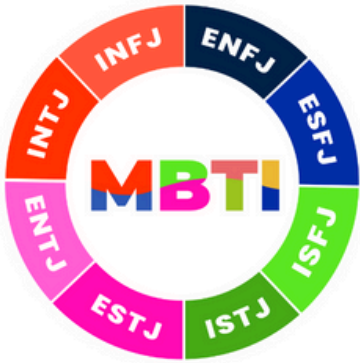
Debrief Questions:

- Whose voice dominated?
- What strengths emerged?
- What was overlooked?



MBTI

The MBTI (Myers-Briggs Type Indicator) framework is a popular personality assessment tool that categorizes individuals into one of 16 distinct personality types based on their preferences across four dichotomies:



Leadership in Action

Two managers handling the same issue differently



Thinking

Feeling



Discuss how both approaches have value and potential blind spots.

Strengths & Pitfalls of Each Style

Style	Strengths	Pitfalls
E – I	Energetic vs. Thoughtful	May dominate vs. May stay silent
S – N	Practical vs. Visionary	Miss big picture vs. Miss details
T – F	Objective vs. Empathetic	May seem harsh vs. May avoid tough
J – P	Structured vs. Flexible	Inflexible vs. Procrastination risk

version (E) vs. Introversion (I), Sensing (S) vs. Intuition (N), Thinking (T) vs. Feeling (F), and Judging (J) vs. Perceiving (P).

Developed by **Isabelle Myers and Katharine Myers**, the MBTI aims to help individuals understand themselves and others better, and it's often used in leadership training, team building and personal development.

E – I
S – N
T – F
J – P

Adaptive Leadership Strategies

Practical strategies to flex

WITH GUARDIANS (SJ)  ✓ Provide structure, timelines ✓ Avoid flexibility	WITH ARTISANS (SP)  ✓ Avoid flexibility ✗ Require planning
WITH IDEALISTS (NF)  ✓ Link to values, recognition ✓ Reject ideals	WITH RATIONALS (NT)  ✓ Offer logic, long-term vision ✗ Be vague

For Master Trainers

Real-Life Examples

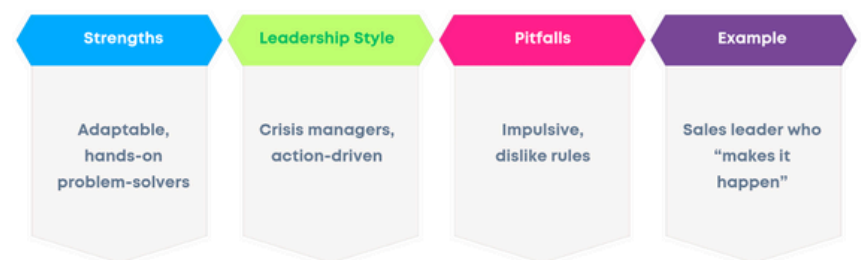
- Extraversion
- Sensing
- Thinking
- Judging

VS

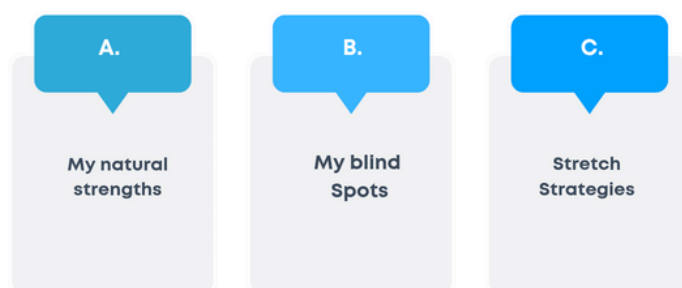
- Introversion
- Intuition
- Feeling
- Perceiving



Artisans (SP)



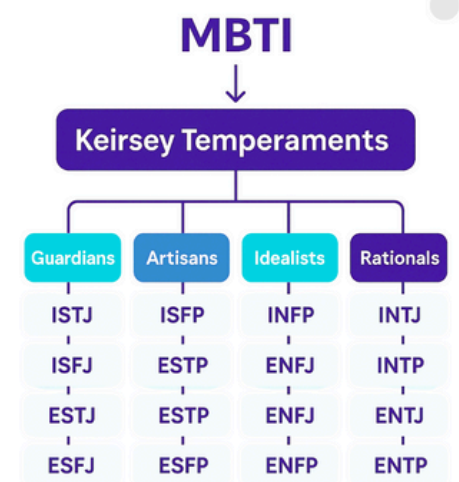
Action Planning - Strengths & Stretch Worksheet:



Reflection Prompt -

"If I had to lead with one strength more intentionally starting tomorrow, which would it be and why?"

The Four Temperaments



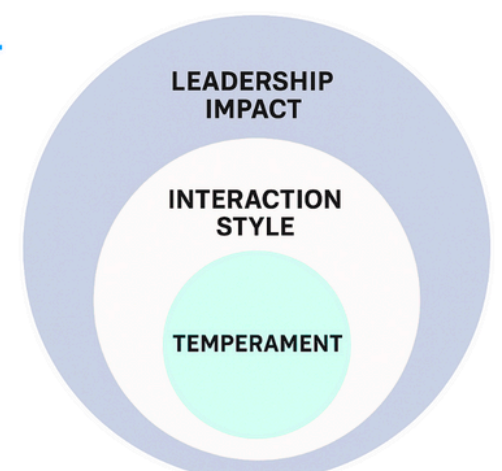
Introduction to Keirsey Temperaments

Module 5



yles Matter

on



Day 1

Understanding Personality Preferences

Module - 1

ICARIANS

Trainer's Guide -

Module 1: Understanding Personality Preferences

(Duration: ~2 hours)

Objective -

- Introduce the MBTI framework.
- Help participants discover their personality preferences.
- Build curiosity and self-awareness before diving deeper into team dynamics.

Day 2

Introduction to Keirsey Temperaments

Module - 5

ICARIANS

Trainer's Guide -

Module 5 : Introduction to Keirsey Temperaments

Duration: ~2 hours

Objective

- Introduce participants to the four Keirsey Temperaments (Guardians, Artisan, Idealists, Rationals).
- Help them identify their own temperament preferences.
- Explore how temperaments shape leadership style, motivation, and communication.

Supporting Files Screenshots

Day 1

Exploring Differences and Work Dynamics

Module - 2

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Trainer's Guide -

Day 2

Adaptive Leadership Strategies

Module - 8

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Trainer's Guide -

Module 8: Adaptive Leadership Strategies

Day 2

Understanding Interaction Styles

Module - 7

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Trainer's Guide -

Module 7: Understanding Interaction Styles

Duration: ~2.5-3 hours

Objective

- Understand the four Interaction Styles and how they shape communication.
- Recognize the impact of styles on leadership, collaboration, and decision-making.
- Practice flexing communication across different interaction styles.
- Build strategies to engage teams with authenticity and adaptability.

This **Lifetime** Content is White labelled and Editable



It means you can put your logo or
customise it for your professional
training sessions



For Corporate Trainers

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Available to Download

Pre Designed MBTI Leadership Training Content

- Program Outline and Agenda
- Day 1 and Day 2 with 80+ Slides
- Trainer's Notes for each slide
- Trainer's Guides
- Case Studies

\$199.00

~~\$249.00~~

For any questions or
samples, click the
link below

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